# Strategies of Pre-flight briefing for Weather: General Aviation

Beth Blickensderfer, PHD
Embry-Riddle Aeronautical University
Daytona Beach, FL

Presentation given at the Friends & Partners of Aviation Weather (FPAW) 2025 Spring Meeting, April 1 – April 3; Daytona Beach, FL



# Overview

Background and purpose of the study

#### Method

- Participants
- Materials
  - Scenarios
  - Self-briefing tool
  - Measures

Results

Conclusion

#### Team Members

- Beth Blickensderfer, Human Factors, ERAU; PI
- Tom Guinn, Meteorology, ERAU; Co-PI
- Bob Thomas, Aeronautical Science, ERAU; Co-PI

#### **Graduate Research Assistants**

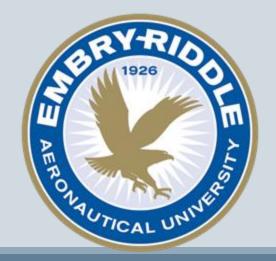
- Amber Cole, Human Factors, ERAU; GRA
- Cassandra Domingo, Human Factors, ERAU; GRA
- John Kleber, Human Factors, ERAU; GRA
- Vanesa Miksa, Human Factors, ERAU; GRA; CFII

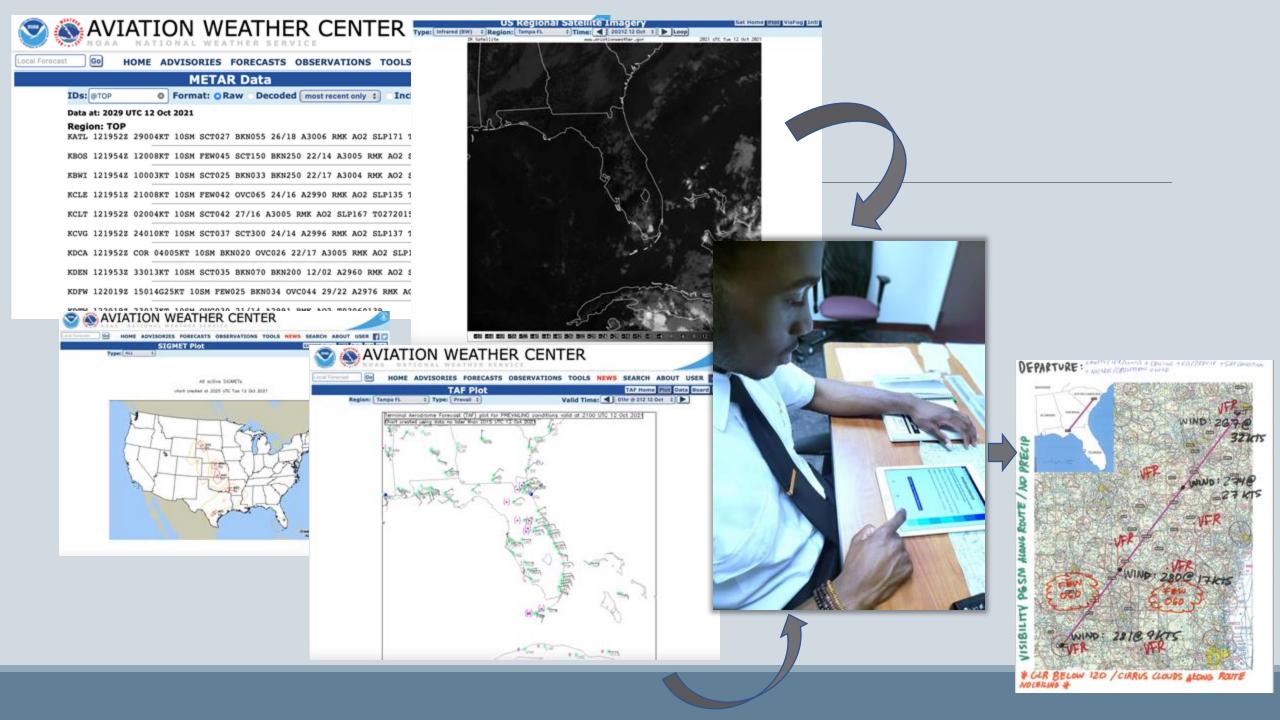
#### New additions:

Sarah Glickman
Jaia Huggins
Leo Materne
Stephen Woods

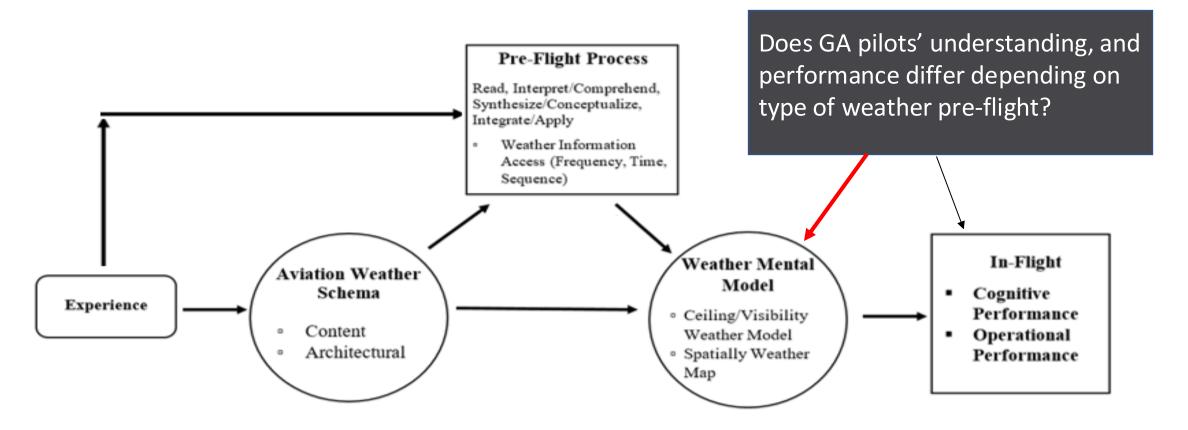
#### FAA

- lan Johnson, FAA Project Manager; Technical POC
- Gary Pokodner, FAA WTIC Program Manager





# **Conceptual Model**



# **Project Overview**

#### Purpose:

- The purpose of this project is to conduct a laboratory study examining general aviation pilots' capability to conduct Preflight Weather self-briefings as compared to using Flight Services to obtain weather briefings.
- Approach:
- Simulate the entire preflight weather briefing process



# Experimental Design

201811		FSS Phone-in	
		No	Yes
Self-brief	Aviation App		
Sell-bilei	None		

oEach Participant performed the two scenarios

- o a) VFR to IMC
- ob) Icing
- Counterbalanced to avoid order effects

# Methods

Participants, scenarios, study conditions, measures

# Participant Demographics

- n = 81 (13 female)
- $M_{age} = 29 \text{ (SD = 16)}$ ; Range 18-83
- Flight hours

```
M = 859
```

Median = 250

$$SD = 2343$$

- 35 Private, 15 Commercial, 26 CFI/II, 7 ATP
- 63 Instrument rated

Single engine, fixed-wing; depict marginal conditions; legal for flight

# Flight scenarios

#### FOG

- At departure, weather conditions are VFR
- Potential fog inducing conditions are approaching the destination; projected to turn into IMC soon after arrival.
- Departure airport, Columbia Metro Airport (KCAE) at 0300 Zulu; arrives at the destination airport, Tallahassee International Airport (KTLH) at 0609 Zulu.

#### ICE

 At departure, low temperature combined with an incoming system result in icing conditions about 3/4 way through the flight.

Departure airport KPIR at 1915 Zulu; Arrives at KBJI at 2157 Zulu.

Correct interpretation of the weather products will reveal the flight is *legal* but high likelihood of *deteriorating weather* 



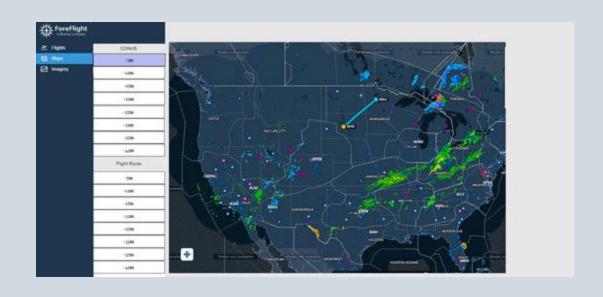


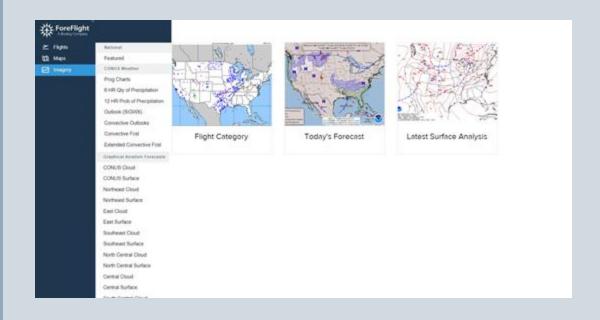
# FSS "Phone-in" Briefing

An FSS prepared a script for a standard briefing for each scenario

Audio recorded Bob Thomas reading the briefing

Pilots in the FSS briefing condition(s) listen to the recorded briefing





# Self-Briefing: Simulated Foreflight App

# FauxFlight



- Used an automated method to retrieve and archive of 488 current, web-based, aviation-weather images and animations for the simulated preflight scenarios.
- Products were pulled from an Aviation Weather Center repository.

Comprised of 74 websites interconnected websites



Each websites houses a subgroup of weather products

Weather products and titles are pulled from an Excel sheet specific to each website.

#### Scenario 1

#### **CONTROL GROUP**

ZFP Zone Forecast Product

SATELLITE

METARS

# FPUSS3 KASRI 190244 2PRABR Zone Fünecast For Central/NE South Dakota WC MN National Wasther Service Aberdeen SD 100 PM CST Thu MARI 11 2021 SCOTION—199000— BrownIncluding the pity of Aberdeen 100 PM CST Thu MARI 11 2021 JEST OF TOOKE, Parity cloudy, Lows around 30. South winds 10 to 15 mgh. THURSDAY, Mostly surry, Higher in the mild 40s. South winds 10 to 20 mgh, then partly cloudy with showers likely after middinght. Lives in the wind 30s. South words 5 to 120 mgh. Chance of precipitation 60 percent. FRICAN, Showers, Highs in the upget 50s. South winds 10 to 15 mgh. with guests to enough 30 mgh. FRICAN NGFIT. Showers likely Lives in the mid-40s. West winds 10 to 15 mgh. with guests to around 30 mgh. FRICAN NGFIT. Showers likely Lives in the mid-40s. West winds 10 to 15 mgh. with guests to around 30 mgh. Chance of precipitation 60 percent.





# Procedure

Preliminary surveys

Demographics,
Self-efficacy,
Change management
Weather interpretation test

First flight
weather scenario
prompt
fog or icing;
randomized

Structured interview on their understanding of the preflight weather

Begin scenario two; participants repeat numbers 3 - 6















Participants view the walkthrough website; watch the study instruction video WX BRIEFING Depending on study experimental condition Mental model assessment

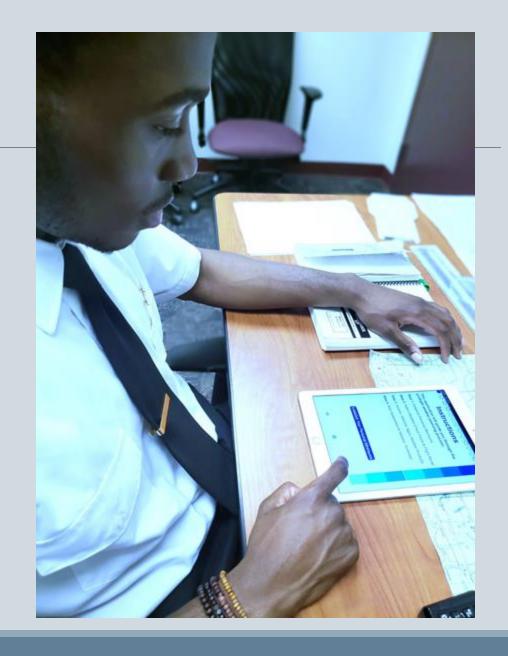
Participants debriefed and dismissed

# Measures

Spatial mental model measures

Structured interviews

Behavioral observation

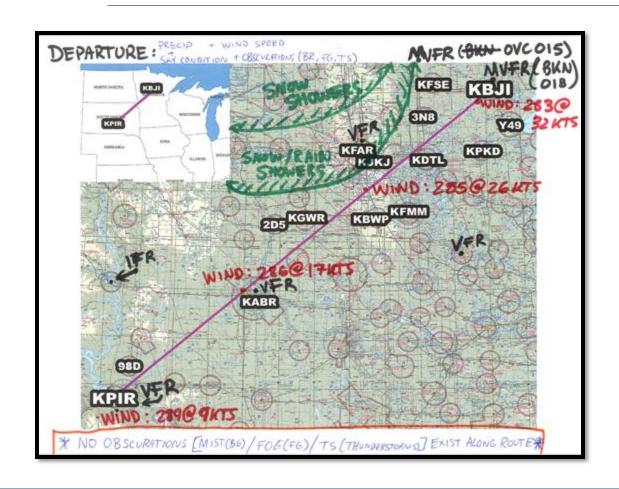


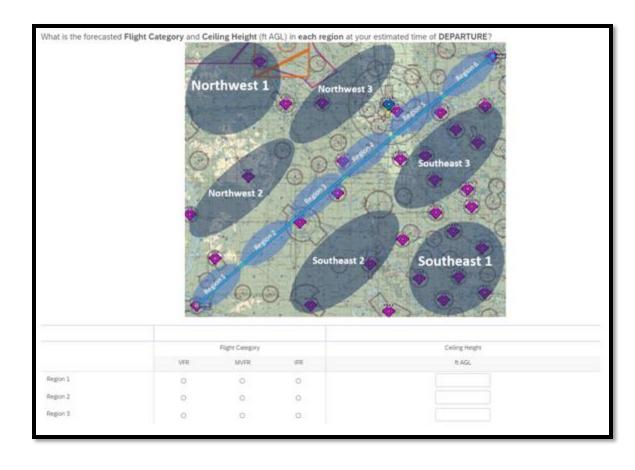
# Spatial Mental Model Measures

Objective, Quantitative

Weather conditions in relation to flight path Departure, Enroute, Projected Arrival

Flight category, ceiling height, winds, precipitation





## Structured Interviews

#### Knowledge/Awareness of Conditions

• Please describe with as much detail as possible the weather conditions you expect to encounter.

#### Flight Information

- As planned, what is the Estimated Time Enroute (ETE)?
- What is the Estimated time of Arrival (ETA)?

#### Application & Decision Making

- How do you expect these conditions to impact your flight?
- Is there anything that concerns you about this VFR flight plan?
- Would you choose to undertake this flight (go or not go)?
- Could you undertake this flight, safely at the altitude that was suggested?

# Additional Examples: Objective Ratings

Please describe with as much detail as possible the weather conditions you expect to encounter. 1. MVFR/VFR Conditions (Total Points 2): □MVFR/VFR Conditions throughout majority of flight/trending towards IFR (2) □Good visibility (Positive 6 Statute Miles (P6SM)) (1) □Ceiling above 1000 ft (1) □No response (0) □Incorrect response (0): 2. Surrounding Clouds (Total Points 1): □Few to Overcast clouds in the surrounding area (1) □No response (0) □Incorrect response (0): 3. AIRMET Zulu (Total Points 5): □Icing/Moderate Icing (2) □In latter portion of flight/Moving into flight route (coming from north) (2) □Freezing level - 9000 feet (1)

10.	a.	Could you undertake this flight, safely at the altitude that was suggested (Scenario 1- 5,500ft; Scenario 2- 4500ft) (Total Points 1)?
If No	b.	Could you undertake this flight, safely at an altitude other than the originally designated altitude?
		If Yes (Total Points 2)
		Please state at what altitude you could safely fly and explain why you choose this altitude?
		□2500 ft MSL (or lower) (1)
		□Likely still unsafe (1)
		□Potential cold front encounter
		□Icing
		□Obstacle/terrain issues with that altitude
		□Nighttime environment
		□Incorrect response: (Please enter altitude) (0)

### Behavioral Observation

<u>Goal:</u> Capture complete behavioral process of participants examining the preflight weather.

Data included screen recordings of entire time pilots used Fauxflight:

- Self-briefing condition
- Self-briefing + FSS Brief condition

Coding process captured the information accessed by each participant.

- What weather products accessed
- How much time they spent on each product
- "Bread crumb" trail

#### Rating process

- 2 research assistants observed each Ps video and coded using the Coding sheet
- Consensus meetings resolved discrepancies

# Results

How did the Briefing types compare?

## Interview Results

- All briefing types gave pilots better understanding of the weather conditions in comparison to the control group (Main effects and Interaction effect)
- Icing scenario showed more differences between briefing types than did the fog scenario
- Overall, Interview data was sensitive to between group differences

Interview Scores (Percentage Correct) Means and Standard Deviations for all study conditions

	Self-Briefing		No Self-Briefing	
	Flight Services $M(SD)$ $n = 20$	No Flight Services M (SD) n = 19	Flight Services $M(SD)$ $n = 18$	No Flight Services M (SD) n = 19
Ice Score	74.38 (15.43)	66.12 (27.74)	86.81 (12.66)	25.33 (19.60)
Fog Score	65.41 (18.94)	69.93 (13.16)	69.44 (21.89)	51.50 (15.35)

# Mental Model Results

- Results were mixed
- Some MM measures showed that briefing groups (in particular FSS and SB only groups) did have better understanding of weather conditions than did control group. (Some main effects, some interactions).
- Overall, this measurement technique needs more research.

## **Behavioral Results**

- Participants' use of Fauxflight followed the structure of the interface.
- Pilots' choice of weather products did not match the expert's recommendations.
- Fog; M(SD) = 12(8) minutes

Frequency of Participants Viewing Expert Recommended Products (Fog Scenario)

Product	Frequency (%)
AIRMETS (IFR)	35/37 (94.6%)
TAF	36/37 (97.3%)
Graphical AIRMETS	12/37 (32.4%)
Prognostic Chart	22/37 (59.5%)
Graphical Aviation Forecast	6/37 (16.2%)

Ice; M(SD) = 15(10) minutes

Frequency of Participants Viewing Expert Recommended Products (Ice Scenario)

Product	Frequency (%)
AIRMETS (Icing)	36/37 (97.3%)
METARs	36/37 (97.3%)
TAF	36/37 (97.3%)
Graphical AIRMETS	9/37 (24.3%)
Graphical Aviation Forecast	6/37 (16.2%)
Infrared Satellite	2/37 (5.4%)

# **Summary & Conclusions**

- Controlled, laboratory study using authentic weather products, scenarios, and simulated app
- All briefing strategies (other than control) fostered some understanding of weather conditions.
- When Self-briefing, pilots focused primarily on AIRMET, TAF, and METAR; and usage was highly App driven (as opposed to a strategic, knowledge-based approach)
- Scenario selection is tricky; Challenging weather, yet legal for flight
- Follow-up analyses may parse out other differences between pilots with varying experience
- Limitations: Young pilots; only two scenarios; variability in scores

# Thank you!

Beth Blickensderfer, Ph.D. blick488@erau.edu